

# Hanuman Chalisa

## Doha

shreeguru charan saroj raj,  
nij man mukuru sudhaari.  
baranun raghubar bimal jasu,  
jo daayak phal chaari.

buddhiheen tanu jaanike,  
sumiraun pavan kumaar  
bal budhi vidya dehu mohi,  
harahu kalesh vikaar

## Chaupae

jay hanumaan gyaan gun saagar  
jay kapees tihun lok ujaagar. [1]

raam doot atulit bal dhaama  
anjani putr pavanasut naama. [2]

mahaabeer bikram bajarangee  
kumati nivaar sumati ke sangee. [3]

kanchan baran biraaj subesa  
kaanan kundal kunchit kesa. [4]

haath bajr au dhvaja biraaje  
kaandhe moonj janeoo saaje. [5]

shankar suvan kesaree nandan  
tej prataap maha jagavandan. [6]

vidyaavaan gunee ati chaatur  
raam kaaj karibe ko aatur. [7]

prabhu charitr sunibe ko rasiya  
raam lakhan seeta manabasiya. [8]

sookshm roop dhari siyahi dikhaava  
vikat roop dhari lank jaraava. [9]

bheem roop dhari asur sanhaare  
raamachandr ke kaaj savaanre. [10]

laay sajeevan lakhan jiyae  
shree raghubeer harashi ur lae. [11]

raghupati keenhee bahut badaee  
tum mam priy bharat-hi sam bhaee. [12]

sahas badan tumharo jas gaavai  
ath kahi shreepati kanth lagaavai. [13]

sanakaadik brahmaadi muneesa  
naarad saarad sahit aheesa. [14]

jam kuber digapaal jahaan te  
kavi kovid kahi sake kahaan te. [15]

tum upakaar sugreevahi keenha  
raam milaay raaj pad deenha. [16]

tumharo mantr bibheeshan maana  
lankeshvar bhaye sab jag jaana. [17]

jug sahastr jojan par bhaanoo  
lilyo taahi madhur fal jaanoo. [18]

prabhu mudrika meli mukh maahee  
jaladhi laanghi gae acharaj naahee. [19]

durgam kaaj jagat ke jete  
sugam anugrah tumhare tete. [20]

raam duaare tum rakhavaare  
hot na aagya binu paisaare. [21]

sab sukh lahain tumhaaree sarana  
tum rakshak kaahu ko darana. [22]

aapan tej samhaaro aapai  
teenon lok haank tai kaapai. [23]

bhoot pishaach nikat nahi aavai  
mahaaveer jab naam sunaavai. [24]

naasai rog hare sab peera  
japat nirantar hanumat beera. [25]

sankat tai hanumaan chhudaavai  
man kram vachan dhyaan jo laavai. [26]

sab par raam tapasvee raaja  
tinake kaaj sakal tum saaja. [27]

aur manorath jo koe laavai  
soee amit jeevan phal paavai. [28]

chaaron jug parataap tumhaara  
hai parasiddh jagat ujiyaara. [29]

saadhu sant ke tum rakhavaare  
asur nikandan raam dulaare. [30]

asht siddhi nau nidhi ke daata  
us bar deen jaanakee maata. [31]

raam rasaayan tumhare paasa  
sada raho raghupati ke daasa. [32]

tumhare bhajan raam ko paavai  
janam janam ke dukh bisaraavai. [33]

antakaal raghuvarapur jae  
jahaan janm haribhakt kahaee. [34]

aur devata chitt na dhareeye  
hanumat sei sarv sukh kareeye. [35]

sankat katai mitai sab peera  
jo sumirai hanumat balabeera. [36]

jai jai jai hanumaan gousaen  
kripa karahu guru dev kee naee. [37]

jo sat baar paath kar koe  
chhootahi bandi maha sukh hoee. [38]

jo yah padhe hanumaan chaaleesa  
hoy siddh saakhee gaureesa. [39]

tulaseedaas sada hari chera  
keejai naath hrday mah dera. [40]

# Doha

pavan tanay sankat haran, mangal moorati roop.  
raam lakhan seeta sahit, hrday basahu sur bhoop.